

ReCap

Weekly Top Stories from Capital Public Radio

March 25, 2020

Answering Your Questions About Coronavirus

We recently put out a call asking [what you want to know about the coronavirus](#), what worries you and what information we can get you to help navigate the crisis.

Our reporters have been working to get as many answers as possible. Here are some examples:

- How can you tell if you have [seasonal allergies or COVID-19 symptoms](#)?
- We put together a list of ways to cope with anxiety and loneliness [during a stay at home order](#).
- Here's a look at [how you could treat COVID-19 symptoms](#) at home, and what we know about recovery.
- How are California leaders [balancing public health needs and civil liberties](#)?
- We also answered more than 20 questions we've received [about issues seniors are facing around the coronavirus](#).

We're also sending answers out every day in our daily coronavirus newsletter, plus daily headlines from the region and other resources. Keep [letting us know your questions](#) and we'll continue to get answers.

Sign up for CapRadio's Coronavirus Newsletter

— [Chris Hagan](#), CapRadio Senior Editor, Digital Content

Have a question or comment about our newsletters? Email me at chris.hagan@capradio.org



What California's 'Stay-At-Home' Directive Means For Residents

March 21, 2020

On Thursday, Gov. Gavin Newsom ordered all California's nearly 40 million residents to stay at home to slow the spread of the coronavirus. Here's a look at what the order means for Californians, and how it's different from county orders.

[Read more](#)



Are Your Symptoms Allergies, The Flu, Or COVID-19? An Allergy Expert Explains.

March 20, 2020

It's allergy season in Northern California and having a runny nose or itchy eyes while the coronavirus crisis is happening can be unnerving. So how do symptoms from allergies differ from the flu or COVID-19?

[Read more](#)



Standing with all Californians, as we address the Coronavirus emergency together.

The California Health Care Foundation is a proud sponsor of Capital Public Radio.



'This Too Shall Pass' — But Until Then, CapRadio Answers Your Questions About Seniors And COVID-19

March 24, 2020

People over 65 years old were the first population in California advised to socially distance or quarantine. Here's how to protect seniors as the pandemic continues.

[Read more](#)



How To Cope With Anxiety, Loneliness During California's Stay At Home Order

March 20, 2020

CapRadio listeners asked about ways to cope with anxiety, loneliness and boredom while following the stay-at-home directive for the Sacramento area. Here are some things you can do to keep a sense of calm.

[Read more](#)



PG&E To Plead Guilty To 84 Counts Of Involuntary Manslaughter Related To Camp Fire

March 23, 2020

Pacific Gas and Electric will plead guilty to 84 counts of involuntary manslaughter related

to the 2018 Camp wildfire, the company announced Monday.

[Read more](#)



Sacramento Pizza Shop Open During Stay-At-Home Order Limiting Sales To Share The Wealth

March 20, 2020

Some businesses have closed because of government orders related to coronavirus. Others have figured out ways to stay open. We found one with a selfless eye towards doing what it can to make sure there is also business for its competitors.

[Read more](#)



Sacramento Region Will See 'Major Impact' From Coronavirus Shut Downs. Here's How Workers Can Get Assistance.

March 19, 2020

The Sacramento area's economy is more dependent on service-sector jobs than other regions that have more manufacturing and tech-based positions.

[Read more](#)



Stocking Up On Food? You Could Be Limiting Options For Low-Income Shoppers.

March 24, 2020

Californians under stay-at-home orders are flocking to grocery stores and stocking up on essential goods. But that means some shoppers who rely on government subsidies may

be left with few options.

[Read more](#)



COVID-19 Treatment, Recovery And Immunity: What You Need To Know

March 23, 2020

Early studies indicate that people can develop immunity to COVID-19 after contracting and surviving the illness. We've got the latest on coronavirus recovery, including at-home treatment for people with milder cases.

[Read more](#)



PHOTOS: California National Guard Helps Sacramento Food Bank During Coronavirus Outbreak

March 23, 2020

Members of the California National Guard have begun helping out at the Sacramento Food Bank and Family Services as volunteer availability has gone down and demand has gone up due to the coronavirus outbreak.

[Read more](#)



California Leasing Hotels For Homeless People During Coronavirus Crisis — And After Could Make Them Permanent Housing

March 24, 2020

Gov. Gavin Newsom's deputy secretary for homelessness says the situation is an

“opportunity” to create permanent housing solutions.

[Read more](#)



Covered California Extends Enrollment Window To Cover More People During Coronavirus Pandemic

March 20, 2020

Patients admitted to the hospital with COVID-19 could end up with pricey medical bills. The state is waiving copays for testing, and Covered California is extending its enrollment period for eligible Californians until June 30.

[Read more](#)



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